

## LON-ART TO LAUNCH THEIR THIRD SHEROES PROJECT RAISING AWARENESS OF VIOLENCE AGAINST WOMEN:

# SHEROES

## REVOLUCIONES

**LONDON, 5th November 2019 - Lon-art present Sheroes–Revoluciones, an art project designed to draw attention to violence against women\*. The series will kick off with the Sheroes–Revoluciones exhibition at Ugly Duck on November 22 - 24, providing a platform for artists, survivors and change-makers.**

Sheroes–Revoluciones is inspired by the staggering statistics that show how women are potential and real victims of violence in our society (domestic abuse, rape/sexual assault, revenge porn, gender pay gap among others):

- 1 in 3 women (worldwide) have experienced physical or sexual violence in their lives.\*\*
- 2019 (UK) 1,300,000 women suffered domestic violence\*\*\*
- 2017 (UK) 139 women died as a result of male violence\*\*\*\*

Sheroes–Revoluciones **aims to visualise this social issue**, using the arts to express, reflect, **prevent and heal** involving different social agents.

The **Sheroes–Revoluciones exhibition on November 22 - 24** will include **30 female artists** who will share their artwork and stories about topics including domestic violence, female objectification, motherhood, rape, FGM, sex trafficking, tech violence. Working across performance, crafts and visual arts in a range of media, artists include Maria Maria Acha-Kutscher, Rachel Gadsden, Rachelle Romeo, Michaela Haynes, Farnoush Amini and Chicago-based collective Mother Art: Revisited.

**Post exhibition events** as part of the project will include **healing workshops** for Solace Women's Aid and London Black Women's Project, workshops at **secondary schools** in Southwark and four sessions of **positive psychology** to support both services user and the staff at Solace Women's Aid and London Black Women's Project, delivered by University of East London.

**Lon-art** is the women-led organisation behind Sheroes, whose **mission** is to offer a platform for everyone to create, collaborate and reflect upon social issues through the arts. With a particular focus on women, they organise events to **represent those less-heard voices** in our society and promote critical thinking. For this, their third Sheroes project, Lon-art have **partnered** with Solace Women's Aid and London Black Women's Project, two of the leading charities working with survivors of gender violence in the UK, and the sex education project Sexplain. The series is sponsored by Ugly Duck and GreatArt and **funded** by the **National Lottery Community Fund** and **Arts Council England**.



Maria Maria Acha-Kutscher



Farnoush Amini



Felicity Taylor

## HIGHLIGHTS

**Opening Night**, November 22nd, 7 to 9.30pm  
The perfect chance to take in the artwork and live performances, meet the artists and the team behind the project and together stand up to violence against women.

**Trauma Informed Yoga and Mindfulness Workshop**, November 24th, 10 to 11am  
A yoga and mindfulness session led by Loretta Curtin, who through a series of movements and choices will set us on a journey to reconnect with our own bodies and minds.

*'Sheroes-Revoluciones is an outcry, a collective howl that bears disturbing stories and uncomfortable truths. A celebration of women's strength and power. A testimony of the relentless fight against the violence we suffer day in and day out.'*

*María González, Lon-art Founder and Creative Director*

*'Lon-art's Sheroes events always address extremely important subjects too rarely discussed in a creative way. Ugly Duck is proud to partner with Lon-art again for their Revoluciones exhibition in November 2019 tackling violence against women. Our ethos really resonate with each other, indeed their topics and support to emerging artists is something that we extremely value and pursue as well.'*

*Deen Atger, Creative Producer at Ugly Duck*

\* Sheroes project stands for diversity and therefore includes women, trans, and gender non-conforming individuals, without them our mission wouldn't be complete.

\*\* Source: World Health Organisation

\*\*\* Source: Crime Survey of England & Wales

\*\*\*\* Source: Counting Dead Women

LO-ART

SHEROES  
REVOLUCIONES



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## NOTE TO EDITORS

### About Sheroes:

Sheroes is a collaborative project bringing together UK and international artists, feminist organisations, charities and the general public.

Reflecting upon the comparative lack of female role models in society, Sheroes will build a platform for the public and artists to share hidden herstories through visual art, workshops and talks.

**DATES** 22 - 24 November 2019  
**WEBSITE** [www.whoisyourshero.com](http://www.whoisyourshero.com)  
**TW/IG/FB** @lonartorg  
**ADDRESS** Ugly Duck, 47/49 Tanner Street, London SE1 3PL

### EXHIBITION OPENING TIMES

Friday: 7 - 9.30pm  
Saturday: 11am - 9pm  
Sunday: 11am - 5pm

### EXHIBITION PROGRAMME

#### Friday, November 22nd

7 to 9.30pm ..... Opening Night

#### Saturday, November 23rd

12 to 2.30pm ..... Private Tour + Sexplain workshop for Bacon's College Feminist Society  
4 to 6pm ..... Sheroes DJ Workshops with Rosy Ross - DJ, Threads Radio resident and founder of open decks club There's Been A Mix-Up - Free but RSVP required via Eventbrite

7 to 9.30pm ..... Sheroes Late: A heroic session of live music by Mücha and Bonnie Holiday DJ Set

#### Sunday, November 24th

10 to 11am ..... Trauma Informed Yoga and Mindfulness Workshop for the General Public by Loretta Curtin

### About LON-ART:

Lon-art is the women-led organisation whose **mission** is to raise awareness about social issues through the arts. With a strong focus on feminism, their **vision** is to promote critical thinking and improve the accessibility of creativity and learning for everybody through the arts to consequently contribute to positive changes in our society.

**WEBSITE** [www.lon-art.org](http://www.lon-art.org)  
**TW/IG/FB** @lonartorg

### About The National Lottery Community Fund:

The National Lottery Community Fund is the operating name of The Big Lottery Fund. Through 2018-19, The National Lottery Community Fund supports all kinds of projects across the UK. From small, grassroots organisations to ongoing partnerships with expert leaders across the sector, our work is varied and far reaching.

The National Lottery Community Fund supports ideas and projects that matter to people and communities. Through their funding and relationships to help create stronger, more connected communities.

**WEBSITE** [www.tnlcommunityfund.org.uk](http://www.tnlcommunityfund.org.uk)  
**IG/FB** @TNLCommunityFund  
**TW** @TNLComFund

**About Arts Council England:**

Arts Council England works to achieve great art & culture for everyone championing, developing and investing in art & culture to enrich people's lives.

As the national development agency for the arts, we support a range of artistic activities from theatre to music, literature to dance, photography to digital art, carnival to crafts.

**WEBSITE**      [www.artscouncil.org.uk](http://www.artscouncil.org.uk)  
**FB**                @artscouncilofengland  
**TW**                @ace\_national  
**IG**                 @aceagrams

**About UGLY DUCK:**

Ugly Duck take vacant buildings and underused public places and bring them into creative use. They provide unique locations to the film and events industries and reinvest all earnings back into creative and community projects.

**WEBSITE**      [www.uglyduck.org.uk](http://www.uglyduck.org.uk)  
**ADDRESS**      47/49 Tanner Street, SE1 3PL  
**TW/IG/FB**        @weareuglyduck

**About GREATART:**

With more than 500,000 customers in Europe, the Gerstaecker family has been supplying art materials for over 50 years. The company's initial customers were therapy centres that used art in all its forms to improve the quality of life for those with disabilities. Today, artists from every walk of life benefit from the Gerstaecker specialist ability to source and supply the finest art materials currently available.

**WEBSITE**      [www.greatart.co.uk](http://www.greatart.co.uk)  
**ADDRESS**      41-49 Kingsland Road, London E2 8AG  
**TW**                @GreatArt\_UK



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